



L.E.A.D. Academy Trust

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FIRST AID POLICY

Review frequency: Annually

Approval:

1. Changes From Last Issue:

- 3.2.2 – Changes made to appendix 1
- 3.2.3 – Clarification added.
- 3.3.1 – Staff must read and be aware of care plans
- 3.7.1 – added direct link
- 3.7.2 – further information update
- 3.9.7 – update on supply of sharps boxes
- 3.10.1 – added
- 3.11 – changes added throughout and points clarified
- 3.12 – Section has been re-written and clarification added.

2. Objective:

To provide appropriate first aid support for employees, pupils, visitors and contractors. Ensuring that academies have an adequate number of trained staff on site and suitable equipment with which to treat them.

3. Procedure Detail:

3.1. The Health and Safety (First Aid) Regulations 1981

3.1.1. The Regulations require all sites to provide such equipment and facilities as are adequate and appropriate in the circumstances for enabling first-aid to be rendered to employees and others if they are injured or become ill at work.

3.1.2. Each site should have an 'Appointed Person' This person will be detailed and known to all site staff and they will have the responsibility of ensuring that on site first aid provision is adequate and falls within the scope of this policy at all times.

3.1.3. Different facilities will need different provision, and the organisation prepares for reasonably foreseeable accidents and incidents that may occur on site through the completion of a first aid risk assessment. This should be regularly updated as risks change with a particular focus on the needs of individuals.

3.2. First Aid Provision.

3.2.1. We have a duty of care to pupils and visitors in addition to the statutory first aid provision for staff.

3.2.2. When the academy is open the number of qualified first aiders will never fall below the minimum standard listed in [appendix 1], or 1 person on duty. Whichever is greater.

- 3.2.3. When no pupils or visitors are present and there are more than 2 staff members working on site, a qualified first aider, or at a minimum, an appointed person must be present. See the on-site Lone Working risk assessment for more details.
- 3.2.4. Guidance on specific numbers of first aid trained personnel are provided in [appendix 1].
- 3.2.5. For the purposes of this document, first aid equipment includes all first aid kits and boxes, their contents, and general equipment provided for the treatment of individuals. On a regular basis.
- 3.2.6. First Aid rooms, where provided, should be clearly marked as such by a white cross on a green background. (Health and Safety – Safety signs and Signals Regulations 1996).
- 3.2.7. Contents of first aid boxes will be determined by the sites own risk assessment. Guidelines on minimum standards are available in [appendix 2].
- 3.2.8. The senior first aider on site must be suitably trained and hold a full 3-day First Aid at Work (FAW) qualification as a minimum standard.
- 3.2.9. Specific approved qualifications for pupil and staff treatment are recognised as equivalent or alternatives to the FAW qualification, such as HCP registered qualifications, NPLQ and National Rescue Test based qualifications. If in doubt, advice and guidance is available from the L.E.A.D. Health and Safety Team.
- 3.2.10. Where an academy determines the need for Paediatric First Aid (PFA) or Emergency Paediatric First Aid (EPFA) training, it will be conducted with regard to the DfE EYFS Statutory Framework and will as a minimum contain all training elements referenced in this document.
- 3.2.11. A list of all on site first aiders, where possible with pictures, should be published as appropriate around site. This list should as a minimum be displayed in public in the main academy reception.

3.3. Auto-Injectors.

- 3.3.1. If an individual is known to require the use of an auto-injector, the following must be in place:
- Training in the use and storage of the auto-injector must have been undertaken by a competent individual.
 - The injector must be kept on site in a container to prevent accidental activation, and clearly marked with the users name, class and picture.
 - A suitable treatment plan must be in place and stored in a central location. Staff directly involved with the user must have read this and signed to ensure understanding.
 - A system will be in place to ensure that all auto-injectors kept on site are in date. Any out of date injectors will be disposed of appropriately.
- 3.3.2. L.E.A.D. Supports the Department of Health guidance on the use of auto-injectors in schools, and will support academies that wish to implement the procedure and store a general use auto-injector on site.

3.3.3. A copy of the complete Department of Health guidance, and assistance in completing it can be obtained from the L.E.A.D. Health and Safety SharePoint site.

3.3.4. L.E.A.D.'s current position is that a student should not be excluded from an activity on the basis that a member of staff with specialist training in auto-injectors is not immediately available, on the grounds that all FAW trained staff are trained in the administration of auto-injectors at a basic level.

3.4. Asthma

3.4.1. If an individual is known to have asthma and to require the use of an inhaler, either regularly or intermittently the following must be in place:

- Training in the use and storage of the individual's inhaler(s) must have been undertaken by a competent individual.
- The inhaler(s) must be kept in a central location known to staff in a container to prevent accidental activation, and clearly marked with the user's name, class and picture.
- A suitable treatment plan must be in place and stored in a central location. Staff directly involved with the user should have read this and signed to ensure understanding.
- A system will be in place to ensure that all inhalers kept on site are in date. Any out of date inhalers will be given back to parents / carers to be disposed of.

3.4.2. L.E.A.D. supports the Department of Health guidance on the use of inhalers in schools, and will support academies that wish to implement the procedure and store a general use inhaler on site.

3.4.3. A copy of the complete Department of Health guidance, and assistance in completing it can be obtained from the L.E.A.D. Health and Safety SharePoint site.

3.4.4. L.E.A.D.'s current position is that a student should not be excluded from an activity on the basis that a member of staff with specialist training in the administration of an inhaler is not immediately available, on the grounds that all FAW trained staff are trained in the administration of inhalers at a basic level.

3.5. First Aid Procedures.

3.5.1. Staff must deal with any accident or incident promptly and effectively. Consideration should be given to the urgency of the situation, the nature of the injury and condition of the casualty in deciding where and how to treat them.

3.5.2. Precautions should be taken where possible and practical to protect staff and casualties from the risk of infection, following the site decontamination procedure.

3.5.3. When dealing with a casualty, First Aiders must take care to not overstep their training. It is important that staff utilise the training they have been given and only the training they have been given. It is understood that staff will need to utilise their initiative on occasion to deal with an incident, but they should only utilise skills and techniques they have been taught on

official training courses.

3.5.4. L.E.A.D. do not support the use of holistic or alternative therapies, and the use of any alternative treatment techniques must be approved by the L.E.A.D. Health and Safety team prior to implementation on site.

3.6. Accident and Incident Reporting.

3.6.1. All accidents and details of any treatment must be recorded on an approved accident form that complies with guidance listed in the Health and Safety (First Aid) Regulations 1981, and current GDPR guidelines.

3.6.2. All accident forms should be filled in appropriately and in full.

3.6.3. If a serious injury has occurred, a member of the L.E.A.D. Health and Safety team should contact the individual, or in the case of a student, the family, within 48 hours to check on their condition. The L.E.A.D. Health and Safety Team will determine when this is necessary and will record the outcome of the call on the appropriate form.

3.6.4. In the event of a major incident a copy of the accident form and any supporting documents will be sent to L.E.A.D. Head Office, and a copy is kept on site for analysis.

3.6.5. More information and specific guidance is available in the accident reporting and incident Safety Policy and Arrangements document (SPA) on SharePoint.

3.7. RIDDOR Reporting.

3.7.1. Reportable injuries, diseases and dangerous occurrences shall be reported promptly by the academy to the enforcing authority, using the appropriate on-line reporting form (see link <http://www.hse.gov.uk/riddor/report.html>)

3.7.2. More detail can be found in the RIDDOR SPA on SharePoint.

3.8. Incidents.

3.8.1. Incidents and near misses within the organisation shall be recorded on the incident report forms available on sharepoint.

3.8.2. RIDDOR reportable incidents are reported as per 3.6 and investigated as per the SPA.

3.9. First Aid Boxes and Kits.

3.9.1. First Aid Boxes should be made of a suitable material and so designed to protect the contents. All boxes and locations should be clearly marked with a white cross on a green background. The Health and Safety (Safety Signs and Signals) Regulations 1996

3.9.2. First aid boxes and travelling first aid kits should contain sufficient quantities of suitable first aid materials and nothing else. Minimum quantities for a low-risk site and more information may be considered as per [appendix 2].

3.9.3. In situations where mains tap water is not readily available for eye irrigation, sterile water or sterile normal saline solution (0.9%) in sealed disposable containers should be provided. Once opened these must not be re-used. The use of eye baths or cups is not permitted.

3.9.4. The contents of the first aid boxes should be replenished as soon as possible after use to ensure a continued sufficient supply of materials. The contents of first aid boxes must be listed and checked as per the site policy as part of Health and Safety checks.

3.9.5. Supplementary equipment may include suitable means for the transportation of casualties, blankets, aprons and other suitable protective equipment. Where such equipment is deemed necessary it should be stored in or with the first aid boxes and added to the contents list.

3.9.6. A Method of disposal of soiled dressings must be available on site and with first aid kits in the form of suitable biohazard containers or bags which can be disposed of by a suitable authority.

3.9.7. A method of disposing sharp items such as needles should be available on site in the form of a sharps box. Used / Full containers must be disposed of by NHS or local authority by dropping used containers off at a local health centre or through contracts with sanitary suppliers such as PHS.

3.10. First Aid Rooms (Site Specific)

3.10.1. The Education (School Premises) Regulations 1996 state that every school must provide a suitable room that can be used for medical and dental treatment when required. The first aid room doesn't need to be used solely for first aid purposes but must be readily available when needed. Ideally, it should be situated near a WC.

3.10.2. Additionally L.E.A.D. Considers the provision of a dedicated first aid room where the site assessment identifies this as being necessary.

3.10.3. The room and its contents are to be managed by a site appointed person at all times. The room itself should be positioned in such a way as to be the best point of access for transport to hospital and be convenient for access, toilets etc. within the establishment itself. Ideally first aid rooms should be used solely for the purpose of providing first aid treatment.

3.10.4. The room should be large enough to hold a couch and the door to the room wide enough to accommodate stretchers, wheelchairs etc. All surfaces should be easy to clean and the room cleaned daily, and after use. It should be effectively ventilated, heated, lit and maintained. A notice giving details of first aiders and contact procedures should be displayed.

3.10.5. The facilities and equipment which should be provided as a minimum in first aid rooms are as follows:

- Sink with running hot and cold water and a mixer tap.
- Drinking water (If not available on mains tap) and disposable cups.
- Paper towels.
- Smooth topped working surfaces.
- A range of first aid equipment (at least to minimum standards required from first aid boxes) and proper storage.
- Chair
- A treatment couch with waterproof cover, pillow and blankets.
- Soap
- Clean protective garments for first aiders.
- Suitable refuse container (foot pedal operated) lined with appropriate disposable yellow plastic bags i.e. for clinical waste.
- An appropriate record keeping facility.
- A means of communication e.g.: telephone.

3.10.6. The room should be clearly marked as a first aid room by means of a sign complying with the Health and Safety (Signs and Signals) Regulations 1996.

3.10.7. As with first aid boxes and travelling first aid kits a nominated first aider or appointed person must maintain the first aid room stock to the required levels.

3.10.8. The first aid room must always be ready for immediate use.

3.10.9. Where a dedicated first aid room is not deemed necessary another suitably equipped room should be on hand to be used in the event of an incident.

3.11. Academy Trips and Taking Students Off-Site.

3.11.1. Qualified first-aiders may not be necessary for all off-site activities and visits. However, a basic level of first aid support must be available at all times. This will require that one or more of the staff leading the activity be designated as an appointed person and:

- have a well-stocked first aid kit
- possess the ability and knowledge to summon help
- ideally, hold a valid first aid qualification
- have demonstrated that they can remain calm and act responsibly in potentially stressful/distressing situations

Please refer to OEAP National Guidelines on First Aid during Off-Site visits.

3.11.2. Where students are walking off site, at least 1 member of staff should hold an Emergency First Aid at Work (EFAW) certification or greater and they must carry with them a suitably stocked first aid kit. (See [appendix 2]). All allergy information for attending students and staff on the trip and a copy of the completed risk assessment should be carried.

3.11.3. Where students are being taken off site in a taxi or minibus, the member of staff accompanying the student should hold a suitable first aid certification. – Generally an EFAW

certificate will be adequate, unless the children, or activity they are attending is deemed to be high risk, as per the risk assessment.

3.11.4. Where students are being transported by coach there must be at a minimum, one suitably trained first aider with a relevant qualification. When making the decision on what is suitable, consideration must be made to the types of injuries that could be sustained in an incident, the distance being travelled and nature of the journey. This should all be detailed in the risk assessment for the trip taking place.

3.11.5. For children in the Early Years Foundation Stage (EYFS), there is a statutory requirement that at least one person who has a current paediatric first aid certificate and sufficient understanding and use of English to summon help in an emergency must accompany children on outings.

3.11.6. During residential's, a qualified first aider is required.

3.12. Transport to Hospital.

3.12.1. If the attending first aider or senior leader considers it necessary, the injured person will be sent directly to hospital (normally by ambulance). Parents and/or guardians will also be informed. No casualty should be allowed to travel to hospital unaccompanied and an appropriate accompanying adult will be designated in situations where the parents cannot be contacted.

3.12.2. Where parents have been contacted but arrival is delayed, transport via ambulance should not be delayed as a result.

3.12.3. Where it may be necessary to transport a pupil to hospital, but an ambulance can be considered excessive, parents should be advised to take them and a written record of this recommendation kept by the academy.

3.12.4. Where it may be necessary to transport a pupil to hospital, but an ambulance can be considered excessive and the parents are either unable (Due to no vehicle access) or unavailable it may be suitable for a member of staff to transport that pupil. In such cases the following must be adhered to:

- The driver must hold appropriate insurance for transporting the injured person (Business insurance usually covers this)
- The vehicle to be used must be deemed safe by the academy – MOT records checked and up to date, tax etc.
- The injured person must travel in the rear of the vehicle and a suitably qualified first aider must accompany the pupil in the rear of the vehicle to be on hand to treat any changes in the pupils condition.
- The driver must be aware that they are not an emergency vehicle and must continue to adhere to all applicable road laws .

4. Automated External Defibrillators (AED)

It is the trust's position that all sites should consider the purchasing of an AED.

4.1.1. The use of an AED on site can increase a casualty's chance of survival by over 70% in some cases.

4.1.2. L.E.A.D. recommends an AED that offers real-time CPR feedback to increase the quality of CPR being delivered.

4.1.3. The purchase of AED equipment is currently undertaken by each academy and not coordinated centrally. But purchasing advice is available by contacting the First Aid Training Officer.

5. Distribution.

5.1.1. This document can be found within the L.E.A.D. Health and Safety SharePoint site and any other appropriate portals.

Relevant staff on all sites will be expected to be familiar with the policy.

6. Access to Further advice.

6.1.1. In the first instance, the Health and Safety SharePoint site should contain all relevant information and should always be the first port of call for further advice.

6.1.2. Where information cannot be found elsewhere, enquiries can be directed to the L.E.A.D. Health and Safety Team:

David Mikelsons	Health and Safety Business Partner.	0115 8225448
Joe Galiszewski	First Aid Training Officer.	01332 861956 Ext: 9525